



Fresh & Hearty :

- Oatmeal:** Apples, jam, raisins, cinnamon, almonds or honey \$5.5
- Fruit Bowl:** Yogurt, bananas, flaxseed, granola, strawberries, honey & blueberries (Acai /Soy +1) \$8.5
- Banana French Toast:** Caramelized banana & cream cheese between Texas toast & whipped cream \$11
- French Toast:** Two slices of Texas toast in our mix. With berry compote & whipped cream \$8.5
- Pancakes:** With berry compote & whipped cream (chocolate chips, bananas or blueberries +1) \$8.5
- Sandwiches:** Sandwiches served with fresh seasonal fruit
- Avocado Croissant:** Two eggs over easy, bacon, cheddar cheese & sliced avocado \$8
- The Egg Sandwich:** (Sub Croissant +1.5) Two eggs over easy, American cheese & bacon on a Kaiser roll \$5.5
- Taylor Ham:** (Sub Croissant +1.5) Two eggs over easy, Taylor ham & American cheese on a Kaiser roll \$5.5

Please Note: Modifications to items may delay the order

** Our eggs are cooked over easy Please let us know when ordering if you would like eggs cooked well-done or scrambled*

Lunch (11:00AM - Close)

- Soup of the Day:** Cup or Bowl - (Quarts To Go - \$10) \$4/\$5
- Salads**
- The Spinach:** Spinach, tomatoes, red onion & feta cheese. Balsamic vinaigrette (Chicken, Turkey, Roast Beef, Tuna, Egg salad + 3)
- The Cobb:** Romaine lettuce, grilled chicken, egg, avocado, tomatoes bacon & blue cheese. Ranch dressing \$11.5
- The Thai:** Romaine lettuce, grilled chicken, peanut sauce, green onions, shaved carrots, crispy noodles, cilantro, peanuts & roasted red peppers. Thai peanut sauce \$11.5
- The Walnut:** Mixed greens, grilled chicken, walnuts, raisins & crumbled blue cheese. Creamy balsamic \$10.5
- Tuna Salad:** Our homemade tuna salad with choice of bread (Have it as a melt on English Muffin +1) \$7

Lighter Sandwiches: Sandwiches served with greens & side of day

- Avocado Grilled Cheese:** Avocado, American & mozzarella cheese & tomato on Sourdough (Bacon +2) \$9
- Gruyere Grilled Cheese:** Ham, gruyere cheese, green apple with honey mustard on a panini (Bacon +2) \$9
- The BLT:** Bacon, lettuce, tomato, cheddar cheese & mayo on Sourdough (Turkey +2) (Wrap +1) \$8
- Turkey Pesto Panini:** Turkey, basil pesto, roasted red peppers & mozzarella cheese on a panini (Bacon +2) \$10
- Basil Pesto Chicken Focaccia:** Grilled chicken, basil pesto, roasted red peppers & mozzarella cheese \$10.5
- The Flat Veggie:** Basil pesto, ricotta, tomato & mozzarella with balsamic glaze \$9.5
- Grilled Chicken Wrap:** Grilled chicken, bacon, lettuce, tomato, red onion & avocado with ranch dressing \$10.5

** Our beef is cooked medium rare. Please let us know when ordering if you would like a different temperature*

Omelets (Three eggs):

- With quinoa kale hash browns & choice of toast**
- The Omelet:** Choice of American, cheddar, swiss, provolone, gruyere, feta, pepper jack, or mozzarella. Choice of two: tomato, onion, mushroom, spinach, peppers, bacon, sausage, turkey or ham) \$10.5
- Meat Lover's Omelet:** Sausage, bacon, ham, sautéed onions & cheddar cheese \$11
- Plates:** With choice of toast & quinoa kale hash browns
- The Plate:** Two eggs with cheese made to order (Bacon, Ham or Sausage +3) \$7.5
- Kids Plate:** A scrambled egg with cheese, tots & toast \$4.5
- Pan Fried Eggplant:** Breaded eggplant, sliced tomato, mozzarella two eggs over easy \$11
- The 4 Layer:** Grilled ham over tater tots with American cheese & two eggs over easy \$9.5
- Avocado Toast:** Two poached eggs, sliced tomato & avocado spread on multi-grain toast \$11

Burgers: Burgers include French fries

- The Guest:** Angus beef with choice of American, cheddar, swiss, provolone, gruyere, feta, pepper jack or mozzarella. Choice of two - caramelized onions, avocado, over easy egg, bacon, Taylor ham, homemade ham or turkey (more toppings +1 each) \$12
- The West Coast:** Angus beef with American cheese, pickles, tomato, lettuce, red onions, mayo, mustard & ketchup \$11.5
- The Loner:** Angus beef with American Cheese \$11
- Sandwiches:** Served on Italian bread with greens & side of day
- The Boardwalk:** Roast beef, fresh mozzarella, gravy & caramelized onions \$7.5 / \$10.5
- The Cuban:** Roast ham, turkey, Swiss & pickles with Russian dressing \$8.5 / \$11
- The Classic:** Chicken cutlet with mozzarella, roasted peppers & balsamic \$7.5 / \$10.5
- The Eggplant Classic:** Fried eggplant with mozzarella, roasted peppers & balsamic \$7.5 / \$11

Small Offering & Sides

- Bacon, sausage, Taylor ham or homemade ham \$3
- Egg whites (As a substitution) \$2
- Fresh berry cup \$4
- Quinoa kale hash browns / Classic (Wknds Only) \$3
- Sliced bread or Kaiser roll with butter, CC or jelly \$2
- Bagel : Plain, sesame or everything with butter, CC or jelly \$2.5
- Croissant (Butter, CC or Jelly +.50) \$2.5
- Short Stack (three mini Pancakes (Choc Chips +1) \$4.5
- Potato Croquettes with chipotle mayo \$5.5
- Green Bean Fries with a side of buttermilk ranch dressing \$5.5
- Fries/ Tater Tots: (Jersey Style - cheese & gravy +1.5) \$4.5
- Chicken Cutlet Strips (Grilled opt. available) \$4